



MSK Hands-On Workshop: In-depth joint ultrasound imaging

Pre-workshop preparation and materials

We strongly recommend you **bring** the materials listed below, **wear** appropriate clothing as described, and **consult** the course videos and materials **before** attending the workshop.

To bring:

- A notebook & pen if you would like to take notes
- A towel or long scarf (if needed to cover up)
- A tablet or iPad (if you have one)

To wear:

- Please wear **loose comfortable clothing** (example: shorts or loose pants, and short-sleeved t-shirt), the sort to facilitate practicing ultrasound on the elbow, ankle and knee.
- If wearing shorts and t-shirt, make sure to bring warm clothing (ex: sweater, sweatpants) in case the room is cold.

To review:

Bleed Detection YouTube Videos:

- <https://www.youtube.com/watch?v=m1kkoyOdLal>
- <https://www.youtube.com/watch?v=iRTn7-546uY>
- https://www.youtube.com/watch?v=XARrHV8_bxk
- <https://www.youtube.com/watch?v=DGcNUqL-G7U>

Point-of-Care MSKUS and Bleed Detection Modules

1. Point of Care Musculoskeletal Ultrasound in Hemophilia:
<https://www.youtube.com/watch?v=QYSPkDAmrw>
2. Point of Care Musculoskeletal Ultrasound for Bleed Detection in Joints and Muscle Part 1:
<https://www.youtube.com/watch?v=m9Y8oYmvhSE>
3. Point of Care Musculoskeletal Ultrasound for Bleed Detection in Joints and Muscle Part 2:
<https://www.youtube.com/watch?v=74iya1erDM8>
4. Point of Care Musculoskeletal Ultrasound for Bleed Detection in Joints and Muscle Part 3:
<https://www.youtube.com/watch?v=VBgabKS23P4>

Introduction to MSKUS and Knobology (pdf)

- <https://cdmcd.co/EddmdP>