



# YOUNG PRACTITIONER FORUM

The Future is Now: Get Your Practice Started Right!

Wednesday

OCTOBER 12, 2022

Tampa Convention Center - Room 114-115  
Tampa, Florida

#OTA2022



3 AMA PRA  
Category I Credits™

Schedule and presenters  
are subject to change.

# 2022

# ANNUAL MEETING

TAMPA, FLORIDA  
OCTOBER 12 - 15, 2022

The Orthopaedic Trauma Association gratefully acknowledges  
the following companies for supporting the  
Young Practitioners Forum:

ARTHREX  
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THANK  
YOU!



# YOUNG PRACTITIONER FORUM

The Future is Now: Get Your Practice Started Right!

**OCTOBER 12, 2022, 5:00 - 8:00 PM**  
**TAMPA, FLORIDA**

## OVERVIEW

The purpose of the Young Practitioners Forum is to provide programming targeted towards senior residents, fellows, and orthopaedic surgeons developing an orthopaedic trauma practice. Discussions and lectures will focus on nontraditional topics not typically taught in training. There will an emphasis on providing insight into how to develop professionally, clinically, and personally. The target audience will be provided advice and pearls from experienced surgeons, in a friendly environment, to help them transition into practice and to achieve the professional goals that are important to them. This relaxed setting will also allow participants to network and to meet leaders and rising stars in the world of orthopaedic trauma.

## TARGET AUDIENCE

This course is designed for orthopaedic residents, fellows, and early career orthopaedic surgeons planning and developing a career in orthopaedic trauma.

## PROGRAM CHAIRS



*Course Chair*  
**Michael S. Kain, MD**



**Boris Zelle, MD**  
*Co-Chair*

## INVITED FACULTY

Jaimo Ahn, MD  
Michael Blankstein, MD  
Jennifer L. Bruggers, MD  
Eben A. Carroll, MD  
Derek J. Donegan, MD  
Joshua L. Gary, MD  
Ida Leah Gitajn, MD  
Thomas Hand, MD  
Marilyn Heng, MD, MPH  
Giselle Hernandez, MD  
Joseph R. Hsu, MD  
Kyle J. Jeray, MD  
Madhav A. Karunakar, MD  
Frank A. Liporace, MD

Samir Mehta, MD  
Hassan R. Mir, MD, MBA  
John Morellato, MBBS  
Saam Morshed, MD, PhD  
Brian H. Mullis, MD  
John W. Munz, MD  
Holly Pilson, MD  
Jonathon H. Quade, MD  
Scott P. Ryan, MD  
Mara Schenker, MD  
Gillian Soles, MD  
Arvind von Keudell, MD  
J. Tracy Watson, MD



The Orthopaedic Trauma Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Orthopaedic Trauma Association designates this live activity for a maximum of 3 AMA PRA Category 1 Credits™.

## LEARNING OBJECTIVES

After attending the 2022 Young Practitioner Forum, participants will be able to:

- ✓ Learn how to approach fellowship and board certification
- ✓ Learn Skills on how to create healthy work life balance
- ✓ Provide an opportunity for face to face mentorship and networking
- ✓ Identify the resources and ways to build and maintain a success practice.



**YOUNG PRACTITIONER FORUM**  
The Future is Now: Get Your Practice Started Right!

**OCTOBER 12, 2022 • TAMPA, FLORIDA**

**Wednesday, October 12, 2022**

6:10 PM  
6:50 PM

**The Future is Now:  
Get Your Practice Started Right!**

**Welcome**

*Michael S. Kain, MD  
Boris A. Zelle, MD*

5:00 PM - 6:10 PM **Navigating the Waters  
Early On**

5:00 PM **Introduction: Current State of Affairs:  
Trauma Stats from 2022 Match and  
Post Fellow Survey**  
*Madhav A. Karunakar, MD*

5:10 PM **ABOS Step 2:  
The Board Examiner's Perspective**  
*Kyle J. Jeray, MD*

5:20 PM **Just Passed Step 2:  
This is How I Did It**  
*Thomas Hand, MD*

5:28 PM **From Student to Teacher:  
Some Pearls to Keep in Mind**  
*Mara Schenker, MD*

5:40 PM **Need a Job? Where to Start Looking  
and What am I Looking For?**  
*Frank A. Liporace, MD*

5:46 PM **Work Life Balance When you  
Have a Busy Trauma Practice**  
*Jennifer L. Bruggers, MD*

5:52 PM **The Dual Professional Homestead:  
Ideas on Managing**  
*Scott P. Ryan, MD*

6:00 PM **YOTS: Who We Are and  
How We Can Help**  
*Arvind von Keudell, MD*

**Appetizers & Advice**

Grab a bite, table hop and have discussions on important topics from those who have lived it.

**Getting Involved in OTA**

*Brian H. Mullis, MD  
Holly Pilson, MD*

**Being the Boss:  
How to Manage the Team in the OR**

*Mara Schenker, MD  
Frank A. Liporace, MD*

**Changing Jobs**

*Jaimo Ahn, MD  
Scott P. Ryan, MD*

**Developing a Multidisciplinary Care Team**

*Marilyn Heng, MD, MPH  
Michael Blankstein, MD*

**Financial Tips**

*Eric Swart, MD*

**Career Development**

*Boris A. Zelle, MD  
Derek J. Donegan, MD*

**Getting Your Research Started**

*Saam Morshed, MD, PhD  
Ida Leah Gitajn, MD*

**YOTS: How the Young Orthopaedic  
Trauma Surgeons Group can Help**

*Arvind von Keudell, MD  
Giselle Hernandez, MD  
John Morellato, MBBS*

**Fellowship**

*Joshua L. Gary, MD  
Madhav A. Karunakar, MD*



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## Wednesday, continued

### Growing and Managing Your Career

- 6:50 PM **Getting Your Research Started**  
*Ida Leah Gitajn, MD*
- 6:59 PM **Getting Involved in the OTA**  
*Holly Pilson, MD*
- 7:08 PM **Social Media for Orthopaedic Surgeons**  
*Joseph R. Hsu, MD*
- 7:17 PM **Going for Another Degree:  
Getting an MBA with a Busy Practice**  
*Boris A. Zelle, MD*
- 7:26 PM **How to Manage Complications**  
*Eben A. Carroll, MD*

### Keynote Speaker

- 7:37 PM **The Little Things  
that Matter**  
*J. Tracy Watson, MD*  
*Professor Orthopaedic Surgery  
Chief, Orthopaedic Trauma Service  
Department of Orthopaedic Surgery  
Saint Louis University Health Sciences Center  
Saint Louis University School of Medicine*
- 7:58 PM -  
8:00 PM **Wrap Up and Adjourn**  
*Michael S. Kain, MD*  
*Boris A. Zelle, MD*







# Join OTA

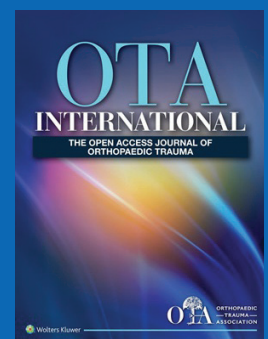
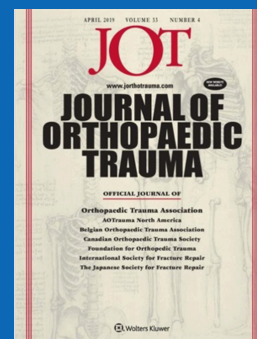


Promoting Excellence in Care  
for the Injured Patient through  
Musculoskeletal Education and Research

Education | OTA Online | Research | Exclusive Benefits

Deadlines to Apply for Membership  
May 15th or November 15th

Visit [www.ota.org](http://www.ota.org) for benefits  
and to apply online.



*Considering joining the OTA? Please join us Friday for lunch (12:35 - 1:35 PM – Room 115).*

# FUTURE EVENTS

Most Educational Opportunities include *AMA PRA Category 1 Credits™*  
Visit [www.ota.org](http://www.ota.org) for details.

**MEMBERSHIP APPLICATION DEADLINES** (apply online)  
November 15, 2022 / May 15, 2023

**RESIDENT GRANT APPLICATION OPENS** (apply online)  
October 18, 2022

**FULL GRANT PRE-PROPOSAL OPENS** (apply online)  
October 18, 2022

**OTA SPECIALTY DAY**  
March 11, 2023 Las Vegas, NV

**SPRING RESIDENT COMPREHENSIVE FRACTURE COURSE**  
March 29 - April 1, 2023 Nashville, TN

**FELLOWS COURSE**  
April 20 - 23, 2023 Boston, MA

**ADVANCED CASE CONTROVERSIES COURSE FOR RESIDENTS**  
April 21 - 22, 2023 Chicago, IL

**FALL RESIDENT COMPREHENSIVE FRACTURE COURSE**  
October 18 - 20, 2023 Seattle, WA

**OTA 39<sup>TH</sup> ANNUAL MEETING & PRE-MEETING EVENTS**  
October 18 - 21, 2023 Seattle, WA

## PRE-MEETING EVENTS

Basic Science Focus Forum	Orthopaedic Trauma for NP's and PA's
International Trauma Care Forum	E/M & Surgical Coding Course
Orthopaedic Trauma Boot Camp	Pelvis and Acetabulum Course
Young Practitioners Forum	Soft Tissue Coverage Skills Course
OTA Member Fireside I & II	Educate the Educators

**Abstract Deadline: February 7, 2023**



WiFi: **OTA2022**

Password: **OTA22AM**

Scan the QR Code or Search OTA Events in your app store to download the app for full schedule, abstracts, ePosters, maps and more. Be sure to accept push notifications for updates.





OCTOBER  
**18-21**  
Seattle, WA

**2023**  
**ANNUAL**  
**MEETING**



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