ASAM American Society of Addiction Medicine

Abstract Submission *Quick Guide*

Use this guide to craft a clear, compelling, and conference-ready abstract. Follow the tips and guiding questions below to ensure your abstract is concise, complete, and meets submission standards.



Core Abstract Components

Title

What expectations are you setting?

- ☑ Does the title capture the focus or outcome of the work?
- ☑ Is it specific enough to stand out?

✗ **Instead of:** "Improving Treatment Access"

✓ **Use:** "Expanding Access to Buprenorphine in Rural Emergency Departments Through Telehealth Support"

Background

What problem are you addressing?

- ☑ Why does this topic matter?
- ☑ What gap or challenge are you trying to solve?
- ☑ What research or data already exists?

Example: *"Many rural EDs treat patients with OUD but lack on-site providers to initiate buprenorphine. Less than X% of these patients receive it upon discharge."*

Objective

What was your goal?

- ☑ What were you trying to learn, test, or improve?
- ☑ Is the objective measurable?

Example: *"To assess whether telehealth consultation increases buprenorphine initiation rates in rural emergency departments."*

? **Does the research address the gap identified in the background?**

Methods

What did you do and how?

- ☑ What exactly did you do, and who or what was studied?
- ☑ What tools or data sources did you use?
- ☑ How was data collected or analyzed?
- ☑ Could someone replicate your study based on your description?

Example: *"We implemented a telehealth consultation program connecting rural EDs to addiction medicine specialists. Data were collected from five rural hospitals over a 6-month period, including patient demographics, initiation rates, and 30-day follow-up outcomes."*

Example: *"We conducted a retrospective cohort study using EHR data from five rural EDs. Patients seen between January and June 2024 who met DSM-5 criteria for OUD were included. Buprenorphine initiation rates before and after telehealth were compared using chi-square tests. Logistic regression was used to adjust for age, gender, and insurance status."*

Results

What did you find?

- ☑ Were there any patterns, outcomes, or insights?
- ☑ Can you quantify or summarize the data?
- ☑ Have you provided results relevant to your stated objectives?

Example: *"Buprenorphine was initiated in 62% of eligible patients post-implementation, compared to 21% prior. Providers reported increased confidence in managing OUD."*

Example: *"Of 135 patients screened, 87 (64%) met criteria for OUD. Of those, 54 (62%) were initiated on buprenorphine. Compared to baseline, ED length of stay decreased by an average of 45 minutes ($p<0.05$), and 30-day outpatient follow-up increased from 18% to 46%."*

! **Note: Preliminary results are acceptable, but abstracts without results should be submitted in a future cycle.**

Conclusion

What does it mean, and why does it matter?

- ☑ What do the results suggest? Are your conclusions appropriately limited to the scope of your study?
- ☑ What implications will this have for practice, policy, or future research?
- ☑ What were the limitations of your study or results?
- ☑ What's the main takeaway you want to leave with readers?

Example: *"Telehealth support may be an effective strategy for increasing buprenorphine access in rural EDs, particularly in areas without on-site addiction specialists. Broader adoption of this model may have implications for addressing geographic disparities in care. The study was limited by the low response rate to the 6-month post-program follow-up survey."*

! **Be careful not to restate your findings or overgeneralize.**

Tips for Submission

- **Avoid vague phrases — be concrete.**
- **Avoid stigmatizing language.**
- **Define all acronyms.**
- **Proofread for grammar, clarity, and consistency.**

? **Questions?** Email education@asam.org

Note: Be sure to complete the required fields, including learning objectives, references, and award eligibility. While these aren't scored, they are required for submission.