

Adult Learning Principles

- 01 – Enable learners to be active participants
- 02 – Use content related to learners' current experiences—focus on issues
- 03 – Allow learners to identify and pursue their own learning goals
- 04 – Provide practice with *realistic* “messy” examples
- 05 – Support and nurture self-directed learning
- 06 – Provide feedback to learners
- 07 – Facilitate learner self-reflection
- 08 – Role-model behaviors