

Example 1: Cognitive impairment diminishes a person's ability to focus, process, retain, and recall information. For most clients, this impacts self-care and the ability to manage their diabetes effectively. People with diabetes may not fully understand why they struggle with diabetes management. Many blame themselves, and their CDCES struggle to figure out what is underlying their client's difficulty. This session will discuss how to recognize when cognitive impairment is present and how to gain an understanding of the approach, support, and guidance clients with cognitive impairment need around their treatment decisions. Attendees will learn how to address cognitive impairments and manage interventions.

Example 2: The first 12 months following a diabetes diagnosis presents a roller coaster of emotions which often drive the likelihood of behavior change and determine outcomes. This session will examine the impact of a diabetes diagnosis on the entire family, review the different stages of change and grief, share learnings from real-life interviews during their first year, and discuss considerations for behavior management and coping mechanisms to better support diabetes care and education specialists to set patients and their families on the right path forward.

Example 3: Inpatient diabetes management is challenging for many hospitals and practitioners. Large academic centers around the United States have specialized diabetes teams, technology such as continuous glucose monitoring (CGM), telehealth consultations, and even endocrine hospitalists available to tackle the challenge of inpatient hyperglycemia. However, most people with diabetes receive their inpatient care at small community hospitals, where robust (and complex) guidelines and inpatient glycemic protocols may not have significantly changed the culture of glycemic management. So why is glycemic management still such a challenge? This session will address simplifying practice guidelines and inpatient protocols to improve the glycemic management process.