

✓ Checklist: Do I need permission to use this table/image?

1. Is it my own original work? → **No permission needed.**
2. Is it from a public domain source (e.g., U.S. government report, very old publications)? → **No permission needed but give credit.**
3. Is it under a Creative Commons or similar license? → **No permission needed if you follow the license terms (usually requires attribution).**
4. Is it from a published journal, book, or website? → **Permission usually needed. Check the publisher's policy.**
5. Am I using a company's chart, infographic, logo, or proprietary image? → **Permission usually needed.**

✓ General best practice:

- Give credit on the slide (e.g., "Source: Smith et al., 2024, Journal of Diabetes Care")
- When in doubt, get permission.

Free online image resources

1. ✓ **Unsplash** → <https://unsplash.com>

Example: <https://unsplash.com/s/photos/diabetes>

2. ✓ **Pexels** → <https://www.pexels.com>

Example: <https://www.pexels.com/search/diabetes/>

3. ✓ **Pixabay** → <https://pixabay.com>

Example: <https://pixabay.com/images/search/diabetes/>

4. ✓ **CDC Public Health Image Library (PHIL)** → <https://phil.cdc.gov>

5. ✓ **Wellcome Collection** → <https://wellcomecollection.org/images>

Sample Permission Request Email

Subject: Request for Permission to Use Figure/Table in Presentation

Dear [Publisher/Author Name],

I hope this message finds you well. I am preparing a presentation for [Conference Name, Date] and would like to request permission to include the following material from your publication:

- [Full citation of article/book]
- [Description of the figure/table/image you wish to use]

The presentation will be delivered to a professional audience and will be for educational, noncommercial purposes. Proper attribution will be provided on the slides. Please let me know if you require any additional details.

Thank you for your consideration!

Best regards,