ADAA 2022 Anxiety & Depression CONFERENCE

March 17–20, 2022 / DENVER

Common Psychopathology: What Can the Past Tell us About the Future?

2022 Anxiety and Depression Conference

Virtual Library Sessions

Keynote Speakers and Ross Lecturer

KN001	**Leadership in Times of Crisis and Beyond**	*1.0 Credit; Diversity Credit*
KN002	**Some Thoughts on the Genetic Tsunami in Psychiatry**	*1.0 Credit*
RL001	**Do Psychedelics Have a Role in the Treatment of Depression?**	*1.0 Credit*

Clinical Practice Symposium & Scientific Research Symposium

CPS001	**Working with Pregnant Mothers with Perinatal Mood and Anxiety Disorders and Exploring the Impact of Prenatal Adversities on Future Psychopathology**	*2.0 Credits*
SRS001	**From Fun to Flourishing: Why Positive Emotions are Needed for Anxiety and Depression (Now More Than Ever)**	*2.0 Credits*

Master Clinician Sessions

MC001	**Self-Injurious Behavior in Adolescents with OCD and Related Disorders: A Process-Based Treatment Approach**	*1.5 Credits*
MC002	**PTSD: From Neurobiology to Treatment of Special Civilian Populations and Its Challenges**	*1.5 Credits*
MC005	**Put The Fun Back in Panic Treatment: Paradox, Defusion, And Acceptance**	*1.5 Credits*
MC010	**Using the Suicide Crisis Syndrome, Suicidal Ideation, and Clinicians' Emotions for the Assessment of Imminent Suicide Risk in Acute Clinical Settings**	*1.5 Credits; Suicide Credit*
MC011	**Doing Dialectical Behavior Therapy with Sexual & Gender Minority People; A Live Demonstration**	*1.5 Credits; Diversity Credit*

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Clinical Sessions

115C	**Your Therapist Asked You to Do What? Utilizing ERP While Respecting Religious Practices When Treating Scrupulosity**	*1.0 Credit; Diversity Credit*
118C	**Rainbow Case Conference: Treating Anxiety and Depression in LGBTQ+ People**	*1.0 Credit*
123C	**Perinatal and Postpartum Mental Healthcare in Black and African American Women During and Prior to the COVID-19 Pandemic**	*1.0 Credit*
124C	**Contextual Behavioral Approaches to Reducing Minority Stress Among Sexual and Gender Minority Clients**	*1.0 Credit; Diversity Credit*
129C	**Selecting the Right Exposure: An Interactive Demonstration of ERP in Action**	*1.0 Credit*
137C	**Enhancing Family-Based CBT for Pediatric OCD: Beyond the Basics**	*1.0 Credit*
139C	**Bugs, Dogs, and Monsters, Oh My! A Guide on Treating Childhood Phobias**	*1.0 Credit*
143C	**Not All That Glitters Is Gold: Skills Use and Misuse In Adolescent Treatment**	*1.0 Credit; Ethics Credit*
144C	**Addressing Emotional Distress Due to Physical Illness: Applications of CBT In the Wake of The Pandemic**	*1.0 Credit*

Research Sessions

301R	**Risk Trajectories of Depression, Anxiety, and Suicidality during the COVID-19 Pandemic in the Diverse Sample of the All of Us Research Program**	*1.5 Credits*
303R	**The Mental Health Consequences of Racism for Black Individuals: Examining Moderators, Mechanisms, and Mindfulness-Based Interventions**	*1.5 Credits*
306R	**Exploring the Role of Cognitive Control and Self-Regulation in Pediatric Anxiety Across Development**	*1.5 Credits*
307R	**Sex Critically Impacts PTSD Symptom Course and Predictive Neurobiological Factors Across Longitudinal Emergency Department Studies**	*1.5 Credits*
311R	**The Role of Caregivers in Interventions for Youth Depression and Suicidality**	*1.5 Credits; Suicide Credit*
312R	**Innovations In Digital Mental Health: The State and Future of Mobile App-Based Therapy**	*1.5 Credits*



Clinical & Research (Both) Sessions

200B	**Navigating the Pandemic's Remote Job Market during Times of Uncertainty: Tips and Strategies for Early Career Members**	*1.0 Credit*
202B	**The Future of Mental Health Treatment: Prescription Digital Therapeutics, Cyberpsychology, and Care Intelligence Solutions**	*1.0 Credit*
203B	**OCD and Dementia: What Memory Disorders Can Tell Us About Compulsive Behaviors**	*1.0 Credit*
212B	**Refugee Mental Health: Context, Neurobiology, Interventions, And Predictors of Psychopathology**	*1.5 Credits; Diversity Credit*
219B	**Interoceptive Modulation in Anxiety and Depression: A Reboot**	*1.5 Credits*
220B	**Why Exercise? Psychological, Cognitive, And Neurobiological Mechanisms of Acute Exercise and Their Impact on Transdiagnostic Treatment Targets**	*1.5 Credits*

The ADAA Virtual Library will be available to 2022 Conference Attendees approximately two weeks after the conference. Additional information on how to access the recordings will be provided after the conference. Please send questions to conference@adaa.org.